WHAT IS LOCK AND TALK?

Lock and Talk is part of a statewide comprehensive approach to suicide prevention.

WE PROVIDE:

- Low or no cost suicide awareness and prevention trainings
- Safety devices including locking medication boxes and gun locks
- Support material for gun retailers and ranges
- Lethal means safety guidelines
- Educational brochures and informational posters
- Consulting services to schools, workplaces, and organizations to support creating comprehensive suicide prevention policies

IT IS INTENDED TO:

Prevent suicides by limiting access to firearms, medications and other potentially dangerous items during a mental health crisis.

Educate the community about how to recognize and respond to warning signs of suicide.

If you’re concerned that someone you care about may be having thoughts of suicide, there are steps you can take to help keep them safe.

National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

Text "Hello" to the Crisis Textline: 741-741

LOCKANDTALK.ORG